

## Life Renewal Hypnosis

**Welcome to Life Renewal Hypnosis. Please read and sign this form before completing the rest of the forms.** We do our very best to ensure that we provide the highest quality hypnosis services available. We do this by constantly improving our techniques and keeping up with the latest developments in the field of hypnosis. The hypnotherapist that will be working with you is certified by the National Guild of Hypnotists.

**During your first visit here at Life Renewal Hypnosis you will view a video which** explains how hypnosis works, and why it is better than using human willpower alone. Please feel free to take notes, and if you have questions, the hypnotherapist will be happy to answer them for you.

**As one might expect there is some variation in the length of sessions.** Generally, the first session will be approximately 2 hours. Subsequent sessions will run 45 minutes to 1 hour. On occasion, we may run a little late. Please note that it is for a good reason.

**Lastly, hypnosis is a very powerful process that has helped thousands of people to make the kinds of changes that they want to make in their lives. However, hypnosis is not mind control.** If you aren't committed to making a change, this process will not work as well as it could. Most people begin to experience the benefits from the very first session and most people are done in four to six sessions. You will be creating the changes that occur as a result of the hypnosis sessions with our guidance. This is true in any situation where a professional is trying to help you. There is always a human factor. Doctors don't guarantee that you will get well, teachers can't guarantee that you will learn, and lawyers can't guarantee that you will "win" your case. What we can guarantee, here at Life Renewal Hypnosis, is the very best service, using current information and appropriate hypnotic techniques for your situation.

We appreciate at least two working days' notice prior to your appointment to cancel or reschedule. You may be charged if less notification is received.

*By signing this, I am stating that I have read this for and understand that, like the other healing arts, the practice of hypnosis and hypnotherapy, is not an exact science. Therefore, results are not guaranteed, nor are refunds given for services rendered.*

Signature \_\_\_\_\_ Date \_\_\_\_\_

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Thank you for choosing Life Renewal Hypnosis. Please fill out this form. The information will be helpful during your session.

Please list seven of the benefits you expect to gain from making the change you would like to make.

Benefits of making the change you want:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_

Check as many of the following as it applies to you, and fill in the blank space(s), if applicable:

\_\_\_\_\_ I often feel that I should be punished for something I once did.

\_\_\_\_\_ I know of a past experience or relationship that could be causing this problem.

\_\_\_\_\_ I am aware of an internal conflict that may be causing part, or all, of my problem.

If you have any questions about this form, or hypnosis, please write them here:

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Name \_\_\_\_\_ Date \_\_\_\_\_

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Please fill out this form and read the Client Bill of Rights. Signing this form indicates that you have read that information.

Name \_\_\_\_\_ Phone \_\_\_\_\_ cell / home

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Date of birth \_\_\_\_\_ Age \_\_\_\_\_ Sex \_\_\_\_\_ Marital Status \_\_\_\_\_

Occupation \_\_\_\_\_ Number of Children \_\_\_\_\_

How did you hear about us? (Circle one) Google Search / Yelp / Other Advertisement \_\_\_\_\_

Or, referral \_\_\_\_\_ If so, who referred you? \_\_\_\_\_

If you were referred by a medical professional, do we have your permission to discuss your progress with him or her? (Circle one) Yes / No

Has anyone ever tried to hypnotize you? \_\_\_\_\_ Reason: \_\_\_\_\_

Do you believe you were hypnotized? \_\_\_\_\_ Why? \_\_\_\_\_

Generally, how did it go for you? \_\_\_\_\_

Reason you are coming for hypnosis \_\_\_\_\_

Any previous attempt to address this issue? (Circle one) Yes / No Results \_\_\_\_\_

We find it useful to sometimes use a holistic approach (mind/body/spirit) when appropriate. Would you consider yourself a spiritual person? (Circle one) Yes / No / Maybe

Have you ever been treated for emotional problems? (Circle one) Yes / No If yes, are you currently receiving treatment or counseling? (Circle one) Yes / No, By Whom \_\_\_\_\_

Are you currently taking any medications? (Circle one) Yes / No

List medications \_\_\_\_\_

Reason for medication \_\_\_\_\_

Do you have any questions about hypnosis? (Circle one) Yes / No

I understand sessions at Life Renewal Hypnosis are videotaped, and become part of my confidential record.

I understand that any appointment changes need to be made two business days in advance. Appointments broken or canceled without two business days' notice will be charged for the session.

\_\_\_\_\_  
Client Signature

\_\_\_\_\_  
Parent/Guardian signature  
(Required if client is under 18 years old)